## Training on Backyard composting 12 hours (2 days or 4 evenings)

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## Content

## **Theory**

- o Waste management in Quebec and new rules for organic matter
- Everything about composting
  - What to compost and not
  - C/N ratio
  - decomposers
  - how to speed up the process?
  - decomposition stages
  - pests and odours
- o Compost boxes:
  - Building your own
  - Commercial containers
  - A simple pile
- o Grass cycling and leave management
- o Mulching
- Worm composting
- o Soil fertility and using compost
- o Medium and large scale compost
- Dry toilets
- o Becoming a "Master Composter "
  - What is a "Master Composter "
  - Compost promotion
  - A demonstration site
  - What can we do here and now?
- o DVD:
  - Life in the soil
  - Composting is fascinating

## Practice

Building and turning a compost pile Mulch and shredders Building a worm box